

## APPENDIX P

# Cub Scout Outdoor Essentials

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The following items should be available for each Cub Scout on an outdoor trip. Consider a small fanny or day pack or similar bag to organize the items and make them easy to carry without interfering with normal activities.

- |  |                                     |
|--|-------------------------------------|
| <input type="checkbox"/> First aid kit | <input type="checkbox"/> Trail food |
| <input type="checkbox"/> Water bottle  | <input type="checkbox"/> Sunscreen  |
| <input type="checkbox"/> Flashlight    | <input type="checkbox"/> Whistle    |

## Overnighter Gear

- Tent or tarp, poles, and stakes
- Ground cloth
- Sleeping bag
- Pillow
- Air mattress or pad
- Rain gear or poncho
- Warm jacket
- Sweatshirt
- Sweatpants (for sleeping)
- Cup, bowl, knife, fork, spoon, mesh bag
- Insect repellent
- Sunscreen
- Extra clothing
- Toothpaste, toothbrush, soap, washcloth, towel, comb
- Cub Scout uniform
- Change of clothes
- Durable shoes/boots (depending on weather)
- Hat or cap

*RAVINA CHAIRS*

## Optional Items

- |                                       |   |
|---------------------------------------|---|
| <input type="checkbox"/> Camera       | <input type="checkbox"/> Notebook and pencil  |
| <input type="checkbox"/> Binoculars   | <input type="checkbox"/> Nature books         |
| <input type="checkbox"/> Sunglasses   | <input type="checkbox"/> Swimsuit, bath towel |
| <input type="checkbox"/> Fishing gear | <input type="checkbox"/> Prayer book          |